



the **BACC** pages

WINTER 2014



the magazine of
THE BRITISH ANGLICAN CURSILLO® COUNCIL

BACC Pages

is the bi-annual magazine of the British Anglican Cursillo® Council.

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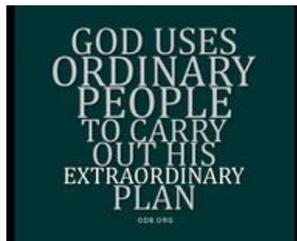
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On waking

*As we wake in the morning with thoughts of the tasks to be done,
May we have the courage to face those who would drag us down
With their criticisms and unhelpful ways
When we feel helpless and weak, be our strength;
When we lack motivation, be our courage;
Help us to meet hostility with helpfulness
Blessing those who belittle us*

<><

Prayer before a meeting

*Father God, I still myself before you as I go into this meeting
Remembering that you will stand amongst us
I lay all before you including the agenda, both written and hidden
I lay before you each person present
I lay before you what will be achieved, and what will not
I pray that Your Will be done as we as cracked vessels work through the agenda*

<>< <>< <><

*Can you nudge me Father, when you see me getting stuck?
And please; help me to notice that nudge!*

<><

*Just when I feel I can't go on, and I'm exhausted by all this work,
You show me a reason to smile, through a thought or a scene before me;
Just when I think I need a long break, you give me an instant boost,
Just when I think I can't be bothered, I remember you on the Cross, Jesus*

<>< <>< <><



Words of Wisdom

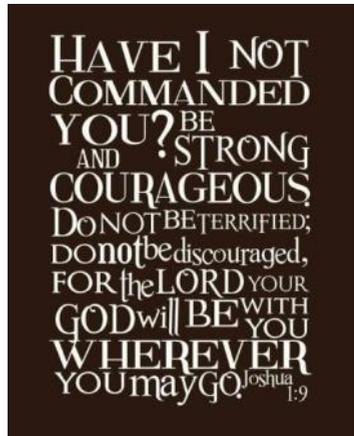
The heaviest thing to carry is a grudge
You lie loudest when you lie to yourself
If you lack the courage to start, you have already finished
One thing you can't recycle is wasted time
The mind is like a parachute – it functions only when opened
Life is too short to wake up with regrets – so love the people who treat you right and forget about the ones who don't
Believe everything happens for a reason
If you get a 2nd chance – grab it with both hands, and if it changes your life – let it.
It is never too late to become what you might have been

<> <> <>

Let's not allow ourselves to get fatigued doing good.
At the right time we will harvest a good crop if we don't give up.
Galatians, 6:9

Let the loveliness of our Lord, our God,
Rest on us, confirming the work that we do
Psalm 90:17

The command we have from Christ is blunt:
Loving God includes loving people
1 John 4:21



From the National Spiritual Director, Rev'd Hugh Burgess:-

Dear Friends

There is an old saying which goes something along the lines of “a preacher preaches mainly for themselves”. The original was rather wittier than that, but the essence of the saying is true: that those of us who are privileged to preach do so very often from the heart and would do well to listen to our own words of advice! SO, bearing that in mind ...



In the near future we shall be entering the season of Lent. During this penitential season we are encouraged to reflect on our relationship with God.

Jesus spent time in the wilderness and I'm sure he didn't do that simply for fun! (Read Mark:1, Matthew:4, Luke:4). Indeed, as we read of the temptations, we realise that Jesus had a pretty tough time but, even as he was tempted, he uses Scripture to defend himself and, no doubt to strengthen his relationship with his Father.

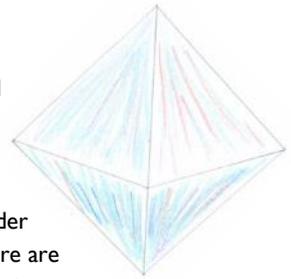
Jesus, being human like us, had to work at his understanding of Scripture and time in the synagogue and in the Temple listening to them being read and explained will have been an important part of his development as a child. Indeed we read of his early presentation at that Temple (Luke 2.22) and, later in the same chapter, of his sitting among the teachers and questioning them – “and all who heard him were amazed at his understanding and his answers”. However, do not for one minute think that Jesus absorbed scripture by some process of osmosis: He, like us needed to hear, to receive teaching and explanation, to ask questions, to develop his understanding and ultimately to live out his life in a relationship with God. Developing a healthy relationship with God is hard work as forty days in the wilderness shows us.

After a week of (relative) idleness after the busyness of Christmas, one thing has stood out for me and that is the absolute need to stop and to reflect. The Queen spoke of this need for reflection in her Christmas message. Bertrand Russell, wrote “In praise of idleness”, an essay on the importance, not of doing nothing, but of making space for ourselves to recover and to take stock in order to give balance and health in our lives. While Lent is certainly a time for this reflective activity, making space for reflection is not, in my view, something we should do only in the penitential seasons. If we take our prayer life seriously then reflection is something that we might well consider building into our

STUDY • Z • STUDY

daily or weekly routine.

Reflection is something that we may feel intimidated about and yet it is actually something we all do reasonably naturally. We all think about what happens to us, about events we are involved in, about encounters we have had with other people. It's odd then that when someone suggests that we might consider "reflection" as a regular activity, we suddenly remember that there are many other things we ought to be doing or we decide to use the time clearing out a cupboard or writing a shopping list (I speak here of myself – "physician heal thyself!"). Here are a few thoughts on ways that we can build some reflection into our lives based on things I have found to work for myself:



The so-called Examen of Conscience: The way I like to use this is just before I go to sleep (in bed not in front of the television!). Take a single event from the day and ask yourself the question "Where was God in that situation?" I find it extraordinary what is to be discovered by this simple process particularly when the event is something that wasn't necessarily a good experience. A frequent subject of this kind of reflection is the appalling driving habits of other motorists! Reflecting on my (often irritated) reaction to other people's driving, I discover that God, rather than reinforcing my emotions, encourages me to look at my own reactions. Similarly when I find difficulty with other people, or have difficult encounters at work I find God in some very unexpected places and often in the person that caused me the initial irritation. The result is that I find myself being changed. This is a very gentle exercise and one that neither takes much time nor requires great training or experience – just be open and ask that simple question "Where is God in this?" Don't be surprised to be surprised!

Journaling: A second approach that I find helpful, but that's a little more formal, is keeping a journal. This is not a diary as such and there are many ways of keeping a journal, but I find a combination of diary and the Examen works very well. This approach involves trying to write about some situation and then again asking the question "Where is God in this?" A further element that can be introduced is to think about any passage of Scripture that perhaps speaks into the situation and explore this on paper. The challenge I find is that this takes time and emotional energy which often isn't there so often where the journal would be useful, it doesn't get done. In the early days this caused me to feel guilty but now I realise that this is a useful tool to help growth through reflection and, while an important discipline, it's not something I worry too much about if there are great gaps between entries. Getting into keeping a journal can be quite fun but the important thing is just to start and not to worry about what you write!

Silence: This is a hard one, particularly for Anglicans! Being a noisy, extrovert soul means I

find this hard and particularly when there are distractions such as at home where there is always something else that needs to be done. Many people find silence incredibly hard and that “other thoughts” start to take over (like the urgent need to write a shopping list). Most people find this one hard. Jesus used to take himself away, into the wilderness or into a garden to pray. This stepping aside to give God time to speak to us is important. My own approach for many years was to take myself away from my familiar environments on a Saturday afternoon once a month, usually to a Cathedral somewhere, perhaps with a passage of scripture to think about. Many cathedrals have a space for private prayer where sitting quietly for a couple of hours, perhaps focusing on a window or some piece of church architecture, can be extraordinarily beneficial in putting the busyness of life into perspective and allowing God to speak quietly to us. Curiously and ironically, one of the things I find difficult about silence is being alone! I need to have people around but don't like my silence being interrupted. Cathedrals are wonderful for this because there can be a great sense of spiritual silence while at the same time there is a gentle background hum of quiet conversation and distant movement. Perseverance is important with silence but it's also important not to feel that you've failed if you are distracted. Part of the process is in the discipline of trying!

There are, of course, many ways of reflecting and plenty of resources to help and there are no right or wrong ways. If you have a Spiritual Director and you feel that you'd like to be more reflective, then you might find it helpful to talk this over with them.

Reflection is not just about prayer, but for the Cursillista, it is also a useful tool that helps us to bring together the three strands of piety/prayer, study and action. Personally I find that all three of these techniques can be very helpful, but they are only tools and so it's important to use them in that way and not to feel guilty if there are gaps when they aren't used. Having said this, I do warmly commend the importance of taking structured time out to reflect.

I began by saying that the “preacher preaches mainly for themselves”. On that basis I need to go and think about the possibility of doing some structured reflection.

If you'd like to think about this some more or you have any approach that you find helpful please do drop me a line at nsd@anglicancursillo.co.uk

With every blessing for 2014

Hugh

ULTREYA

All change on CLW's!!



It's been such a joy and privilege to be involved with CLW's over the last few years, but also a delight that I'm handing over the role of Convenor to someone who will be the most wonderful successor. Paul Thacker was elected to the post at the end of July, 2013 and takes up that role officially in May at the AGM. This means that we have a good period when we can work together, and have presented the October 2013 CLW together already. After that CLW at Stone nr. Stafford we spent an extra day handing over resources, both physical and electronic for the week-ends.

Paul is not new to CLW work, having been on the presenting team with both myself and Jean Radley before me. At that time he was the Lay Director of Eds. and Ips Diocese but has since relinquished that role and now has the time to devote to this new calling. You may know Paul in his other hat – as musician at the Catch the Vision week-end. He plays guitar (amongst other things) and sings and is a most sensitive worship leader – also writing our booklet on music for the BACC Resource Manual.

He also has the necessary weird sense of humour absolutely essential to the job. I can't begin to tell you some of the behind the scene hiccups on previous CLW's when the only option was to pray and then laugh or cry – and laughter and prayers have normally seen me through, as they will for Paul I'm sure.

One slight change is that I shall continue to do some of the admin. for the CLW's. In retirement I was fortunate to have the time to do the admin. and run the week-ends as well. Paul is still working so this will allow him to concentrate on the week-ends themselves.

CLW's seem to me to have a dual function. Firstly they provide essential information about authentic Cursillo and allow an exchange of ideas and “best practice” so that hopefully Dioceses will develop in a healthy way, with emphasis on the fourth day. The

clergy who attend often say that they have a much clearer idea of their role and its importance and the Lay Rectors who attend almost always say they have greater confidence as they prepare to lead their week-ends. Others understand more clearly how the bigger picture fits together and how Cursillo can work best in supporting Parishes and Dioceses.

The second function is less tangible. For many the CLW provides encouragement and inspiration for their personal journey of faith. In the same way that the Cursillo week-end energises so many of us and sends us out with greater commitment, this can also be true of your CLW.

In 2013 more than 60 people attended CLWs. We are always open to your suggestions as to where to hold the week-ends and in March, 2014 we are at Holland House, Crophorne in Worcestershire, and hope to be joined by some Dioceses who have found other venues difficult to get to.

I know that Paul will enjoy the week-ends as much as I have – visiting wonderful retreat houses (often “thin” places where heaven is almost breaking through), with wonderful people – what is there not to enjoy!!

This year there are only 2 CLWs because there is a Catch the Vision week-end . The first of these in March is now fully booked. The next 3 week-ends are:

- 10th – 12th October 2014, Wistaston Hall, Crewe
- 17th - 19th April 2015, Shallowford House, Stone, Staffs
- 10th - 12th July 2015, Ivy House, Warminster

I'm taking bookings for all three week-ends.

And finally, my very good wishes go with Paul as he takes on his new role.

Utreya!

Jan Watts
CLW convenor



Book Reviews

Part of my Christmas gift from my eldest daughter came in the form of two books by the same Author – Janet Morley – who is a freelance author, formerly working for both Christian Aid and the Methodist Church; with, I understand links to the IONA Community. As a poetry lover and reader constantly seeking guidance from the writings of others, these two books are a blessing. John Bell, of the Iona Community writes his review of 'The Heart's Time' as follows:- "Like the Psalms, the poetry is as much rooted in life experience as in piety....Through wonderful reading notes, Janet Morley opens doors for discerning and reluctant readers of poetry alike"

The first book – Haphazard by Starlight (A poem a day from Advent to Epiphany) is crammed with writings by many famous authors including Rowan Williams, Philip Larkin, TS Eliot; Emily Dickinson and many more, to accompany Janet's thoughts and meditations on this part of the church year. **ISBN 978-0-281-07062-6**

Secondly - The Heart's Time – is 'a poem a day for Lent and Easter' and Angela Tilby, writer, broadcaster and Residentiary Canon of Christ Church Cathedral, Oxford, is quoted as saying "I think this is a brilliant Lent book, and one I would use...." I know Amazon have both these books in stock. **ISBN 978-0-281-06372-7**

Another book to consider – 'The Rhythm of the Lord' by Jenny Rawlings (A Cursillista in the Canterbury Diocese) is a source of delight. This is the bible in verse, and I was lucky enough to have Jenny sign my purchased copy when visiting there recently. All the verse in the book follows many of the chapters of the bible. An example of Jenny's verse is this, written as part of "Song of Songs"

"This little book of love poems

May be to Solomon linked

Where compliments fly by the dozen between two young lovers, succinct.

This whole book is based upon dialogue between these two lovers outpoured,

Jews say, 'It's God and his people'

Christians, 'The Church and our Lord'

ISBN 798-1-4836-4357-1

ENJOY!! Lyn

PSALMS/ NOW by Leslie F. Brandt

If you love the psalms but would like an alternative and modern perspective, then this may be the book for you. This is not a translation, but rather it seeks to capture the essence of each psalm on a page or two and in language that is very accessible to people of all ages.. Even Psalm 119 is only three and a half pages!

The book retains the poetic feel of the original songs: It makes the psalms more accessible to those who are perhaps less comfortable with the language and sentiments of the Old Testament, as well as to those who are already familiar with them. In addition,

this book continues to capture the joy and pain of the human soul and its relationship to its creator, lover and friend. By way of example, here are the first few lines of Psalm 139.

O God you know me inside and out,
through and through.
Everything I do,
every thought that flits through my mind
every step I take
every plan I make,
every word I speak,

You know even before these things happen.

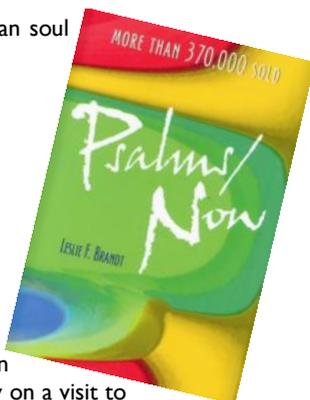
This is a book that can be used in daily devotions (although it should not replace scripture) or picked up and dipped into in an odd moment. Since being introduced to this book recently on a visit to Exeter Cursillo, it has been pretty much a constant companion and it's a delight to discover God speaking in new ways out of its pages. What more can be said except perhaps the opening words of Psalm 100: Break forth into exclamations of joy and gladness, you who serve the Lord! God is not dead! He is ever our God!

Hugh Burgess

December 2013

Brandt, Leslie F Psalms Now (Concordia Publishing House, Saint Louis, 1996 – reprinted 2003)

ISBN 0-7586-0648-6



UPDATES FOR YOUR DIARIES



- ◆ Standing Committee - Saturday 15 Feb at St Giles Church Durham 9- 3.30pm

OTHER DATES:

- ◆ 30th May-1st June 2014 - Catch the Vision

CLWs

- ◆ 10th – 12th October 2014, Wistaston Hall, Crewe
- ◆ 17th - 19th April 2015, Shallowford House, Stone, Staffs
- ◆ 10th - 12th July 2015, Ivy House, Warminster

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Lyn's Lines

Greetings, Dear Reader –

You may recall (or not!) that I expressed an opinion earlier in the year that I felt God was stirring up His people. It seems my hunch was correct for wherever I turn at the moment something is happening in 'Church' – i.e. the body of Christ.



During the last winter and early part of this year, Christians in Carlisle Diocese became aware that the Church of England had decided Cumbria would be the launching place of Ecumenical Church. Our Bishops, James and Robert, have been working hard getting the message out to all people in every parish; just as have the leaders of the United Reform and the Methodist Church to their congregations – with other denominations happy to work alongside this group of three, in bringing our worship into the 21st Century - and making it a reflection of the time when Jesus first gathered peoples of many different beliefs and backgrounds to Himself when he started His ministry on earth. Just as Jesus found, there have been times when it has been hard going to convince people of varying ways of worship that we can all live and work together without compromising our own beliefs in Him.

In British Anglican Cursillo it has become evident that Cursillo Dioceses are working with each other not only in Prayer, but in Study and Action too – holding joint training days and Ultreyas. In early summer I was invited by British Roman Catholic Cursillo to attend a meeting and tell them of our ways of working. I made some good friends that day which was a joy as well as a blessing.

Our current Gifting to Swansea & Brecon is progressing well; and the National BAC Standing Committee is about to change dramatically in June 2014 when I and several others step away from the roles we have been performing on behalf of all our Dioceses. Sally Henniker-Major will step up to the mark as President on 31st May 2014 with several new members on the Standing Committee to support her; including a new CLW Convenor in Paul Thacker. So you will agree, I think, that we are being stirred up. In my personal Christian role I have begun plans for the time after the AGM for I firmly believe that God does not ask us to sit back and relax when one job is over; we are called to perhaps something entirely different, as in my case.

What about you my friend, yes you! What are your thoughts and feelings about changes in your servant role? Is your Fourth Day your 'go forth day'? I pray that it really is for this secular world needs our Lord more than ever before.

Recently, after a Cursillo Diocesan visit, as I travelled home my car broke down on the A1. Despite the cost of repairs, this turned out to be a real blessing for me - I was able to meet two lovely AA Patrolmen on different stages of the journey and witness to them both on their invitation. We never know the minute when Jesus has work for us, do we?

At our AGM in May, we will have Rev'd Hugh's study to look forward to on 4th Day. I can assure you it will be a case of "don't miss this"!! When we hold 'Day of Deeper Understanding' sessions for Dioceses; we both try to get across the message of Authentic Cursillo to help those who want it to find a way of developing themselves and their Diocesan Cursillo, and our journeying through Fourth Day is always a topic of great interest.

On a wintry weekend in November, Hugh and I had the joy and privilege of working with Canterbury Diocese on a Day of Deeper Understanding. The Cursillistas on the day found themselves looking afresh at their individual and collective service to our Lord and those around them, stimulated by being aware of what we as Christians are capable of, blooming where planted. So even if there are no leaves on the trees just now, (both metaphorically and in reality) and not much colour in our gardens; if we look closely we can see the tiny shoots of spring bulbs and plants ready to burst into glorious life when spring arrives – their lifecycle beginning again. My Christmas prayer for each of you is that you, being aware of your gifts; will grow to your full stature in His Light and reflect His glory through all you do as you serve.

With love and prayers,
Lynn

Catch The Vision Weekend

Dear Readers,

Please be aware that the forms and information regarding the **Catch the Vision Weekend** will be available on the National Website shortly, and although Lay Directors, Spiritual Directors and BACC Reps have been sent a copy each, other copies are available from Julie Robinson-Judd on:

E-mail address:- julie.robinsonjudd@gmail.com

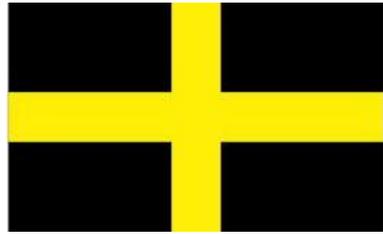
Postal Address:- Fairfield, 5 Hereward Close, Aldreth, Ely Cambs., CB6 3NZ

It would be of great assistance to let Julie have your completed forms of attendance as soon as possible.

We look forward to sharing this Catch the Vision with you when Rev'd Hugh's theme for teaching will be entitled "4 The Journey"



Flag of Cambodia



Flag of St. David
'Light in the darkness'

This is the latest in Wendy's updates as she follows her calling to work with those suffering abuse in Cambodia.

Wendy's Update August 2013

Being God's Light in The Darkness!

I am so encouraged when I read the scripture 'but where sin increased and abounded, grace has surpassed it and super abounded.' Rom.5:20 (Amp)

Where did August go to! I just want to thank everyone who has been supporting me prayerfully and financially, truly amazing

Teams that visited

During August I had a few teams visit from different countries who came to hear about the trafficking problem in Asia. My boss Glenn Miles did a presentation which gave a clear overview of the situation and shared how different organisations work together to tackle the problem. Part of this presentation includes introducing them to the Message Parlour and what we are doing at street level. One such team was from a church in the UK and unknown to me there was one person who was not in a relationship with Jesus. Well, it was great how God worked and before they left, they surrendered their life to Jesus. I saw this person some days later and the visible change in their face was so clear. Another person had confirmation of starting a street outreach in the red light area in Leeds. I am praying that I can visit them when I visit the UK next year.

Another group and again the same situation with one person out of the whole group not being a Christian and God speaking to them so very clearly; these sorts of moments are absolute gems of encouragement for us based at the Message Parlour.

Please be praying for all of the groups that have or are going to visit during this year-for some it is a life changing experience.

Closed Down!!

We have seen certain establishments close down near us, which dealt in some really bad stuff, so while not wanting people to suffer, our constant prayer has been if the owner does not bow the knee to Jesus and so transform their type of business, that they would be closed down. One owner was a great concern and we had challenged him to his face concerning his conduct towards children. That was the last night his shop was open. ☺

Please join us in this prayer concerning the obvious and not so obvious local establishments

Transgender Outreach

This is still in its infancy, however we have seen two Ladyboys take the offer of alternative training. Another young man who sold himself for sex started a training program but has since disappeared. This does happen and it is something we have to cope with, entrusting the individual to God. If they do reappear we then continue to love and support them but they have to make their own choices

Street Kids!

There are so many and some of their stories are heart breaking. We have got to the place where I believe we are to be seeking for a separate building where children's work could be held. At the moment if the kids gather in larger numbers and make a lot of noise then the security guards will chase them out.

Please be praying for a suitable building and for people who will set up and run a streets children's ministry. They would be networking with other organisations as the size of this ministry is so vast

Teaching English in the bars

This is not a ministry that I envisaged me doing but it seems that I am going to be working with a lady from Iris Ministries (Heidi Baker Ministry in Mozambique). While out doing outreach recently we entered a small bar where we met a group of ladies, who encouraged by their boss, want to learn English. Their boss is concerned that when the ladies are too old to work as they are, they will have no skills and so learning English would give them other opportunities. We plan to offer to teach them basic English believing God will bring others who could take over from us.

Please pray for this first group of ladies and also for other Christians with a heart to serve God in this ministry

Manila-Philippines

I will be flying to Manila on the 17-22 September to join Glenn in doing a workshop to encourage the setting up of a similar outreach as the Message Parlour in the Makita area of Manila. We will be doing practical outreach and prayer walking in this particular red light area . I will be taken to three other red light areas in Manila so I can be prayer walking and listening to what God is saying concerning other outreach centres.

I had the vision for similar outreaches in other red light areas in Asia when I first arrived in Cambodia and so this opportunity coming at the end of my first year is a huge encouragement.

Please can you be praying for all of us involved in this and for God's timing and positioning of the first outreach centre in Manila

Is God calling you to join me at the Message Parlour in Phnom Penh, Cambodia?

If He is, please contact me: wendy.delta@hotmail.co.uk

Also, please check out the following websites:-
for resources and research

- www.gmmiles.co.uk • www.love146.org and www.chabdai.org
community outreach in the heart of the red light area in Phnom Penh
- www.themessageparlour.org
sexual abuse education for school children
- www.good-touch-bad-touch-asia.org
basic training for practitioners
- www.celebratingchildretraining.info

Wendy Williams

Wendy's October 2013 Newsflash

This is a quick update to say that I will be flying back to the UK for a few months and land on the 14th November to touch base with the folks who have been supporting me this last year. I would like to share about the work that has taken place and the vision for the next season out in Cambodia, as well as getting a much needed rest and break from working in the red light area.

Thank you all for your support over this past year. Please contact me if you would like me to share about the work with you, your group or church.

God bless
Wendy

Wakefield National Ultreya Action Talk

By Marion Beckles

When I was asked to give this talk, I felt immediately out of my comfort zone; thinking, what a challenge this is for me. I am more used to being practical and getting on with doing. So, I went directly into what I call the Jonah syndrome (running away) but the power of prayer was all that was needed. This then led me to the reading from Isaiah when he had his vision and received his commission: Chapter 6:8 “Then I heard the voice of the Lord saying “whom shall I send? And who will go for us? And I said here am I send me”.

Being a Christian and serving God is the first and most important aspect of my life; living a life that is worthy of his calling. My journey of faith started a long time ago. It has now brought me to this specific time ; this specific place to speak about Southfield Court, a nursing home for the older people suffering with severe dementia.

I have been a Church Warden for several years, in fact, more years that the allotted time. My role was not only to care for the church and congregation but also to witness to the wider community. After twelve years in the role of the churchwarden, I made a decision to retire. It was at that time I was also thinking I just did not want to sit comfortably in the pew Sunday after Sunday. I really wanted to give something back to the Lord for all He had done in my life, and surely he would be doing considerably more.

Prayer is my mainstay, it was with this and much soul searching at that time, I was wondering where my ministry as a lay member of the church, would lead me. So to this place, Southfield Court.

I have been a regular pastoral visitor for my church for some time now. After discussions with my Rector about being involved in the communion services at Southfield Court, my visits started and I was able to assist in parts of the service which were led by the Rector. Meeting the residents and their families was a joy. I knew this was where God wanted me to be. I felt that not only could I use my skills as a member of the church but also the skills from my experience in caring for older people. This was an opportunity presented to show my love for Christ, in this environment, serving others.

The Gospel of Matthew 25:36 tells us “for I was hungry and you gave me something to eat. I was thirsty and you gave me something to drink. I was a stranger and you invited me in. I needed clothes and you clothed me. I was in prison and you visited me. I was sick and you looked after me”. My rector was about to go on sabbatical. I recognised this valuable service to this special community at Southfield court would be lost for at least three months. I prayed and asked God to show me a way. God answers prayer, as we all know. So I offered myself to undertake this role, asking God to lead me into this new ministry to witness to others of his amazing presence in my life and his love for all. It is truly wonderful to be part of this community, to witness to people who have no short-

term memory and yet can engage in the services. This gives me tremendous joy in my work for the Lord. Before our intercessions, residents' families and staff are asked if there are any particular needs. This generates a very real and positive interaction. It is a time when those special needs are brought before a living God who hears our every request. This reminds me of Jesus' words "When two or three are gathered in His name, he is always in our midst".

Carers and families tell me following the communion services, there is a noted calm and peacefulness for several days from the residents who join in the service, there is less agitation.

There is a core group of wives whose husbands are resident and severely impaired. They have formed a support group and often keep me up to date. They have become more involved, look forward to the visits and engage in the service. So much so that they have now requested for the services to be increased to twice a month. One wife has asked if the peace can be shared, because often many residents now only experience touch from the care staff in their day-to-day care. We have also introduced songs at the end of the communion service. It is a delight to see people whose memory of the past comes alive, when the singing starts.

Some of the families have started worshipping at Sunday morning services and at other services in the parish, even bringing along their spouses with them. One of the residents is a retired priest, and although he is unable to speak, you can observe him as his face lights up in a familiar setting.

My visits have also had an impact on a number of the staff team, who now join in the services on a regular basis. Some have enquired about the church. For me this goes to show just how following Christ and being a witness for him can make a difference to the lives of others that they too may find Christ in their own lives. I have now retired from full time employment. My constant prayer is to continue using my gifts for God in His service to others. John's Gospel 15:16 tells us "You did not choose me; but I chose you to bear fruit, fruit that will last".

When I made my journey to Cursillo, one of the many palancas I received reminded me that when fear sets in and I don't know what to do it is always good to remember this, when I am in the army of the Lord, He will always guide me as I strive to do His will and not my own.

Wise words from NELSON MANDELA:-

Our deepest fear is that we are inadequate

Our deepest fear is that we are powerful beyond measure

It is our light, not our darkness that frightens us

We ask ourselves "who am I to be brilliant, gorgeous, talented and fabulous?"

Actually, who are you not to be? You are a child of God

Your playing small does not serve the world

There is nothing enlightened about shrinking, so that other people won't feel insecure around you. We are all meant to shine, as children do.

We are born to make manifest the glory of God that is within us.

It is not just in some of us, it's in everyone

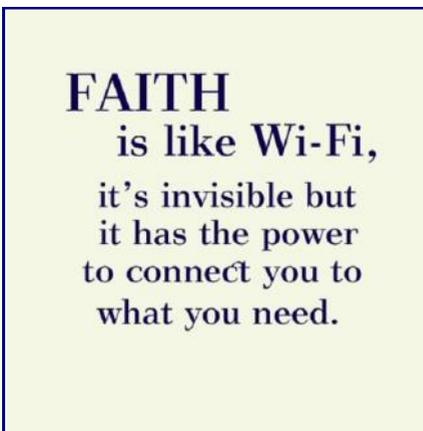
As we let our light shine, we unconsciously give other people permission to do the same.

As we are liberated from our fear, our presence automatically liberates others.

As I end, let us remember, you and I have been called to this time, this place, as disciples of Jesus Christ. We all made a special response to Christ's call when we made our pilgrimage weekend, we can make that response again today.

CHRIST IS COUNTING ON YOU.....AND I ON HIM. ULTREYA

Marion Beckles



British Anglican Cursillo Council

PILGRIMAGE 2013

‘Hild, Cuthbert and the Lindisfarne Gospels’

Led by the Rev. John McManners, Sunderland.

On 20 August – thanks to BAC and Durham Anglican Cursillo - 46 Cursillistas arrived in Durham for the 2013 BACC Pilgrimage on ‘Hild, Cuthbert and the Lindisfarne Gospels’, The old city, in a medieval way, was crowded for the Exhibition of the Lindisfarne Gospels. This report tries to cover the two aspects that underpinned the pilgrimage: the history of Northumbria’s glorious Christian past; and the geographical journey itself.

St John’s College was our base; there we were allocated rooms; and offered tea. We met for an Ultreya in St Oswald’s church; and later, supper served by Durham cursillistas in the parish Institute. Rev. John McManners outlined the pilgrimage for us. He is not a Cursillista, but had been very kindly ‘lent’ by his wife Gina, who is. Two things to note: first, John is a master of his theme; second, he had bravely, but unadvisedly, risen from his sick-bed to talk to us that first evening. While he was clearly unwell, he did not disappoint: he inspired us, then, and thereafter. After his talk, we said compline and farewell to Durham cursillistas.



On Wednesday, John spoke to us about Hild while we drove to Hartlepool. She had been baptized in 627, aged 13, with King Edwin of Northumbria's court, in York. When 33 years old Hild answered Aidan's call to become a nun. She learned the traditions of Celtic monasticism in her first convent. After a year, Aidan appointed her as abbess at 'Heruteu' ('Hart's Island'), now Hartlepool, our first site to visit.

Nothing remains visible of her double monastery on the headland: it was destroyed by the Danes. The present, impressive, St Hilda's church, where we celebrated Eucharist with the local congregation, was built in the 13 Century by the De Brus family. Its congregation met us warmly; told us their story; and served us hot drinks after the service.

(A memorable aspect of the visit was the bus driver's trying to get out of the narrow streets on the headland: in the end he had to reverse a considerable way. Very carefully!)

Hild then founded 'Streoneshalh', now Whitby, in 657: our next stop. We drove over the colourful N E corner of the Yorkshire Moors, to spot Whitby Abbey, boldly cresting the cliffs. The ruins are of the subsequent 13 century Benedictine Abbey (uniquely shelled by the German Navy in WWII), built on the site of Hild's monastery. The latter was on the Celtic pattern: a double monastery with both men and women, living separately but worshiping together. Hild had great energy: and was a skilled administrator, and teacher. Her reputation for wisdom brought kings and princes to seek her advice. Hild also had the common touch for ordinary folk. Such as Cædmon, a herder at the monastery, who was inspired in a dream to sing verses in praise of God. Hild recognized his singular gift and encouraged him. In consequence, Cædmon is the first recorded English poet (as opposed to Saxon).

The prestige of Whitby is reflected in King Oswiu's choice of the monastery for his Synod in 664. In its wake, the king chose the Roman, not the Celtic order. The abbey's mother house, Lindisfarne, at first, did not. Hild died at Whitby in 680.

In the afternoon we explored Whitby's ruins; its museum, in the great house built, in 1680, by the Cholmeleys; and grounds, before tackling the steep descents and narrow streets of the old town. The sun shone: the famous Jet sparkled; people bustled; musicians played; fishers dropped lines to catch crabs; dogs barked at waves; boats ferried trippers; and the huge rust coloured sails of a moored 'Fifie', a magnificent example of a streamlined herring fishing boat, reflected the sun.

Our directions, for the fish and chip supper booked for us, were clear: 'Cross the harbour swing-bridge; turn right; and look for 'Trenchers'. You will know 'Trenchers' by the queue'. Well we turned right; and there was neither a restaurant, nor a queue! It was 'the other right': and, yes, there was 'Trenchers', with queue. When called many of us may have sent an arrow prayer - 'God please forgive my smugness' - as we, 40 plus folk, were ushered in, past many queuing hungry people, to our reserved tables, and wonderful cod & chips.

On Thursday we journeyed north to Lindisfarne, passing the monument to John George, Earl of Durham, or 'Radical Jack' as he is known, being one who helped draft the Reform Bill of 1832. On being asked about the amount of an English gentleman's income, he said he could 'jog along nicely' with an income of £40,000 a year. Shock all round! In 2005 that would amount to an income of about £1,700,000 a year! We would 'jog along' surely.

As we left the A1 for the island, anticipation grew: the day was calm; a few pilgrims were on foot on the road; no one was stranded in a refuge tower; tide was gently ebbing; there were seals on the mud banks, singing (later heard by some); and cocklers over the far side of the bay. .

We parked, and went to the church-yard, between church and abbey, where John told us of the foundation of Lindisfarne by Aidan in 635. Aidan was an Irish monk from Iona who was asked by King Oswald, educated in exile on Iona, to come and preach Christianity. Aidan chose Lindisfarne as his monastery site: it was close to the king's stronghold at Bamborough. Eventually Northumbria – stretching from the Humber to the Avon in West Lothian, Scotland – was converted. In time, Aidan, whose stature among all had grown in light of his gentle, persuasive Christian message, became both Abbot and Bishop of Lindisfarne. He died in 651.

But what links Aidan to Cuthbert? Tradition says Cuthbert, having seen a vision of angels carrying a soul to heaven, went to Melrose, a daughter house of Lindisfarne, to ask what it meant. On hearing it was the night Aidan died, he remained there as a monk, where he was taught by Boisil. Cuthbert's reputation grew as, like Aidan, he spent much time among the people, ministering to their spiritual needs, carrying out missionary journeys, preaching, and performing miracles. Cuthbert's recognition was swift: he was sent to be guest-master at Ripon about 655, but returned to Melrose when Wilfrid was given the abbacy by the king. Cuthbert became prior at Melrose in 662, and in 665, after the Synod of Whitby, went as prior to Lindisfarne. Cuthbert seemed to accept the Roman tradition with little difficulty. In 684 he was elected bishop of Hexham, and, being called from his hermitage on Inner Farne, which he increasingly sought as a contemplative, reluctantly accepted the Lindisfarne bishopric, swapping with Eata, who went as bishop to Hexham. By late 686 Cuthbert resigned and returned to his hermitage on Inner Farne as he felt he was about to die, which he did in 687. When the Norse first raided Lindisfarne in 793, the monks wished to remove Cuthbert's body, and prepared to do so: they found his body intact, uncorrupted. So certainty of his saintliness; and his peregrinations, began.

We pilgrims then divided: some to hear more about the island story from John; others to wander to buy crab sandwiches or to eat their prepared picnics. A few sat at the shore, contemplating St Cuthbert's Isle to the west, and heard the seals singing on the mud flats. At mid-day we met for prayer at St Mary's, mixing sensitively with the local congregation who were preparing their flower festival. Once we had prayed, we returned: to the bus; and to Durham, to see the Lindisfarne Gospel Exhibition itself

None will forget the departure scene: a low-lying 'harr', or sea-fret, drifting south from

the north tip of the island, was splitting, leaving the backbone of the land showing. All the time the sun shone, and little spirals of water vapour were rising from the turning tide in the bay; truly beautiful.

In Durham we saw the Lindisfarne Gospels Exhibition. It was fully explanatory of the whole era of Lindisfarne's zenith. We saw artefacts of the period, including other copied books, and how the monks in their scriptorium would have made these vellum books. But the apogee was the Lindisfarne Gospel itself, open at the first page of John's Gospel. The colours were clear and fresh: quite astonishingly colourful after 1300 years. Especially considering that they, along with Cuthbert's relics, had been carried in his coffin around the north of England for 200 years by faithful monks from Lindisfarne. This was to evade the destructive raids of the Norse & Danes. Finally it was installed in the shrine built for them in Durham, around which Saxon and Norman cathedrals grew. While the shrine did not survive Henry VIII's commissioners' iconoclastic destruction, Cuthbert's body did. The commissioners were astonished to find it uncorrupted, and perhaps fearful of its innate power, put it in the vestry where it remained for 3 years, while they tipped the rubble into the river, keeping the rich decoration of the shrine for Henry's coffers.

Our compline that evening was in the Cathedral, at Cuthbert's shrine, entering prayerfully through a candle-lit Cursillo pathway prepared by the Cathedral verger, his wife and daughter, all Cursillistas. It was a spiritual consummation of a wonderful pilgrimage. Many remained to pray quietly and devotedly, by candle-light, at the end.

On Friday we had a conducted tour of the Cathedral, all the sweeter having worshiped so deeply the night before. We were in groups to make it more manageable; but we saw all, from the Galilee chapel, to the shrine of Cuthbert. It was a marvellous tour, introducing us to: the architectural development; the usage practice through history; the decorations, through tombs and wall paintings; and the destruction at periods of history like the Reformation and the English Civil War. We left wiser, and, hopefully, more enlightened.

Our final gathering was to celebrate Holy Communion in St John's Chapel in the South Bailey: a chapel of Norman origin, though much reordered. The seating was collegiate; the worship quiet, tinged perhaps with the sadness of approaching departure; the communion shared, one with another; A fitting end to a wonderful BACC Pilgrimage.

Thanks once more to the unnumbered Durham cursillistas who helped; but particularly to the Pilgrimage Working Party of Jeffrey and Liz Hewitt, Ann Moss, Linda Ross, and our Lay President Elect, Sally Henniker-Major; to Gina McManners for her generosity; and to John McManners for a deeply informative, interesting, and spiritually uplifting pilgrimage.

Written by Mike Coates.

Recollections of a Special Journey

I was originally going to tell you all about Spain, if nobody else had prepared a talk, about the views, the people, the way it had made me feel but then the words in Word for Today yesterday 11/9/14 jumped out at me and it became a lot more than about the physical journey I had taken.

. New attitude was the heading "...Change the way you think..," Romans 12:2 - it said the following:

For things to change for the better, you must 'change the way you think.' For example:

- a) View setbacks as detours, not dead ends. Winners don't just face adversity; they embrace it, knowing it leads to future success.
- b) Tune out the critics and focus on doing your best. Anybody who accomplishes anything worthwhile has to overcome naysayers.
- c) When you're afraid, praise God until your faith rebuilds. It may take a while, but praise and thanksgiving never fail, and they strengthen you to go on.
- d) When you fail, look for the lesson and remember all the times you've succeeded. Weed out self-doubt and replace it with scriptural self-talk.
- e) When you're heading into battle, visualise yourself winning in God's strength—with Him '...all things are possible' (Matthew 19:26 NIV).
- f) Instead of focusing on the past and worrying about the future, focus on the now—that's where your influence is greatest. Remember, God said, '...As your days, so shall your strength be' (Deuteronomy 33:25 NKJV).
- g) Instead of complaining, work on identifying solutions, and more will come to you.
- h) When you're distracted, focus on your breathing, take a walk and clear your mind, think on what you can control, and surrender the rest to God.
- i) When you're lonely, remember the people who've helped you this far and who love and support you.
- j) When you're fatigued, take time to rest—but never ever give up! Finish strong in everything you do.
- k) When you're under pressure and under scrutiny, smile and have fun. You only live once. Life is short... so seize the moment!

I could identify with so many of the points made as there had certainly been what you

could call a setback in my life as it had taken a completely unexpected direction and I felt I had failed in something that I had started. Life suddenly became a very different place and I suppose you could say I felt fearful of the future at times.

Then I looked at the journey I had taken in the last three weeks in particular.

I prayed a lot and in fact argued with him quite a bit. I know we are told that we are never given more than what we can deal with, but I certainly frequently asked, what now. But I never forgot to say thanks either.

Apart from having experienced some of the difficulties mentioned in Word for Today I also noticed that I had instinctively employed some of the solutions suggested

I had concentrated on my successes. I have three wonderful sons and I reminded myself how many other good things I had in my life like friends at church, line dancing and choir and that I have a job I enjoyed, my own home, car and many other things beside.

I also looked for ways to make the best of the situation and try and stay positive regardless. This was not always so easy to accomplish, but a dear friend regularly steered me in the right direction and with God's help I was able to start to rebuild my life.

It is said we should focus on the things that we can control and hand over to God what we cannot and one suggestion is to take a walk. Well I certainly did that. I walked 215 miles, maybe a little bit of an overkill. I found that walking long stretches by myself did indeed help me make some sense of what had happened and find a new direction with God's help.

My long walk afforded me the luxury of time and space without very many distractions. I did not have to fit work in or make sure the house is clean or the fridge and freezer stocked - I only had to put one foot in front of the other and try to reach the next hoped for stopping point. So whilst I walked through woodland, along coastal paths and through villages and towns my mind was free to wander. I was able to reflect on what detours my life had taken and the reactions it had provoked in me. After all, all our lives are full of detours, but God is there to help us through them, if we have faith.

I was not always walking on my own, indeed I met some amazing people with amazing stories to share. There was little Marie from Luxembourg, who was walking the whole Camino from St Jean Pied de Port to Santiago on her own at the age of 18. A slip of a girl who was struggling with the break-up of her parent's marriage, carrying a lot of anger that her father had left her mother for another woman. She felt betrayed, yet as she walked, she told me, so many people just listened to her story and suggested she should see it from a different view point rather than concentrate on her anger and bitterness. They asked her how her mother now was and she said happy, and what about her father, happy too she said and she came to the conclusion that she should also be happy for both of them and embrace the new situation, rather than shut her father out of her life.

Then there was Kieriel, a 27 year old Lithuanian hope to be doctor who had just finished his first year who had travelled a lot already and had many stories to tell. Very open and wise for his years. I also met 68 year old Ulrike who had been on the Camino about 7 or 8 times and kept on coming back just simply because she can. She comes to celebrate her health and vigour and enjoys the company of the different people she meets.

I also met Luke and James from Birmingham travelling with their guitar and ukulele busking to get some more money for the journey. They had both left University and yet to find a job.

I met people of South Korea and Japan, people from South Africa and many other nations. Some came laden with specific issues like relationship break ups or decisions to be made regarding their career paths, some looked for spiritual inspiration like Fernandes who felt it was his duty as a Spaniard to do it at least once in his life.

For me personally the realisation came as I walked along both alone and in company that we cannot hold anyone, if they are not prepared to be held in a relationship. I also realise that we need a lot less than we amass seeing I travelled with one set of spare clothes, a sleeping bag, lots of blister plasters and stuff for the feet and toiletries. Luckily my feet held up very well.

It was not always easy and that goes for both the physical and emotional journey. I twisted my ankle the second day in and had to retie my boots which did not work and walked on my walking sandals the rest of my journey. I often had to carry extra water and food because certain stretches had little opportunity to buy provisions, which make it hard on my shoulders. When you walk in 32 degrees heat you wonder why you are putting yourself though it, but God encouraged me by sending a breeze or flurries of butterflies - I always made it through with his help. Sometimes the path was not very well sign posted and as I was often walking alone that could be a problem. I did not want to walk further than necessary. It was surprising how often some Spaniard would look out of their house and garden and say, no, no not that way or something like that in Spanish and point to the right direction. God incidences.

The emotional journey was helped by listening to others and also by seeing the vastness of the countryside and the sea. God's creation is so wonderful and we are really so small, yet he loves us so very much. With the help of friends I learned gradually to let go of the hurt I had felt, the disappointment, the bewilderment, the uncertainty. I learned to focus on the things that I can control and try to leave my fears at the cross. In short I Let go and let God. Not a one off process of course and there will be times I will revisit the issues as we all do, but I am looking forward, rather than back. I am embracing my changed future. I am free from any bitterness or anger and feel only love in my heart. Things I have lost are still part of a positive memory as I go forward.

Almost immediately on my return from Spain I was picked up again to go to the National

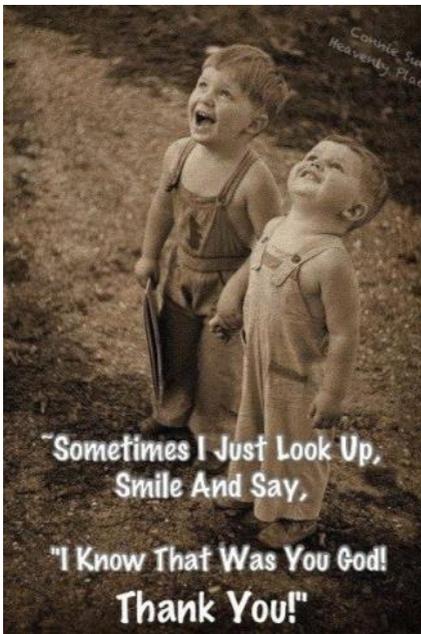
in Wakefield, I literally had 90 minutes to freshen up and throw an overnight bag together. This was also a very positive experience and followed nicely on from my walk, being the spiritual arm to the physical pilgrimage. One point that came through in the responses to the witness talk was that we need to be broken before we can be built up and that we have to be willing to offer ourselves, make ourselves available in different situations to be able to be used by God. This really spoke to me as I had certainly been broken, but God's love and the tremendous support of so many of my dear friends, many of them Cursillistas, had put me back together again ready for what life throws at me.

Before my walk and whilst I was fully engaged in work and a difficult home situation I found it very hard to keep my focus on the good things, but the space that the Spanish walk afforded me and the time communicating with God, the ability to let the still small voice in, has allowed me to make steps towards healing my wounded spirit.

I have always liked Philippians 4:13 - I can do anything through God who gives me strength - or something like that. It does not mean we do not hurt or upset, but it means we can go with God's help.

God is good - all the time - all the time God is good

Ultreya



Extended Navigation Skills – now on offer!

When I went to Surrey, some years ago, to do a Cursillo Leaders Workshop, I didn't consider that I may end up helping staff one – I simply took part, being my usual disruptive self and thoroughly enjoying a new part of my Christian journey.

Some time later, I was a Lay Rector in Eds & Ips and was 'blown away' by the hand of our Lord leading a Cursillo weekend despite my own inadequacy at the helm. The importance of a navigator is often underestimated – a fact which never escapes me when plotting courses 'fast!' on sailing regattas – and only becomes apparent when the race is concluded successfully and safely.

I was privileged to be 'on team' at a CLW in Leamington Spa (Offa House) and discovered the comfort of God's arms in another way as I let Him take over yet again. I knew that the Leader of the weekend was very experienced and I learnt anew that preparation – both by prayer and study – leads to action which yields fruit in abundance. What a joy to see the Lord work through her and gently encourage delegates onto a path of growth and greater understanding.

I have been 'on team' a few times now and, as when leading on hill walks – with all age ranges of participants in all sorts of terrain – I have not been disappointed in the different dynamics of groups or the sheer delight and wonder of making new friends along the way.

It comes as a shock to realise that you are called to abandon control of the charts and learn to take the helm – I suspect many who have been LR or LD have discovered this for themselves.

As I take over the tiller of convening the CLWs for BACC, I think it is important to thank those who have prepared me for the task – Jean Radley, Jan Watts (Wattsy!), Lyn Radcliffe, Hugh Burgess, Tracey Dove and many, many others, too numerous to mention, that I have travelled with so far on **this** journey – thank you all for your kindness, prayers, love and support.

I offer myself as a poor helmsman (with extended navigation skills) to the task ahead, knowing that the Skipper knows exactly how to use me – and that, if you care to join us on a short weekend voyage, you may discover (as I did) something surprising about yourself along the way.

Jan Watts is still taking bookings (thank goodness)... Or is it 'keeping a book'?

Love in Christ
Paul Thacker
Eds & Ips.



Introducing...

I made my Cursillo on Durham 2 in 2004 and was completely renewed by the experience of the weekend. My sponsor swept me into her reunion group asked if I'd be willing to be on the Secretariat and persuaded me to do a witness talk, all within a few weeks! I had never talked to adults in a group before, much less share an aspect of my faith journey, so I did what I was used to doing – an assembly for my very small infants encouraging them all to sing 'Jesus' love is very wonderful' with actions, by way of a conclusion.

I have been Weekend Rep and Fourth Day Rep on secretariat and also was on the working party that organised the National Ultreya in Durham.

I was a teacher for 25 years, mostly of the younger children and retired 5 years ago. Sadly my dear husband Charly, a fellow Cursillista, died of cancer in 2012 and in 2013 I moved out of our large farmhouse in the country to be in Durham. We had three children, two daughters and a son and I have this year become a mother-in-law as our son Tom married Amy.

My teaching experience has helped me when I have been on team in several different roles: Table Leader, Gofor, Head Gofor, and OLR and was Lay Rector when I first retired. I attended a CLW in 2006. I was Lay Director of Durham Cursillo from 2008-20012 and organised Days of Deeper Understanding, a Clergy Taster Day, and been on team for a CLW. I have attended BACC meeting regularly and led the working party organising the Sixth BACC Pilgrimage in Durham this summer.

When I said 'Yes' to the invitation to go on a Cursillo weekend I had no idea where it would lead me. I do believe that Cursillo has a huge role to play working alongside clergy and in the community, and not only in our church communities, to share some of God's amazing love for us. The method which Cursillo provides of causing us to reflect regularly, to pray together and to share the highs and lows of our own faith journeys is indeed a powerful one and one which can only give us the strength to go forward in Gods' name, living out our Christian faith in all we do. I am looking forward to meeting all of you who like me have said 'Yes' as I take on a new role in Cursillo.

Sally Henniker-Major

Ultreya GB 2014

**Will be hosted by Canterbury
On
Saturday 30th August**



**The main events will take place in the
Shirley Hall at Kings School Canterbury**

There will be a service at 12.00 noon in the local church

More information:

<http://www.anglicancursillo.co.uk/ultreyagb2014/>

Strike up the band!



I managed to attack the subject of Music in Cursillo and help put a previous version of the Cursillo resource booklet into an updated format a little while ago, but thought I would take the opportunity of BACC pages to ‘wave the flag’ for musicians and what they do in Cursillo communities all over the world. Here’s what is on my heart...

At the last CTV in Barnsley, I was pleased to be asked to play, and was chuffed beyond measure when Mary and Jenny joined me to make a little music group for the weekend. The life of a soloist is hard and demanding (stop whining, boy! I hear my old music master say) – and I get, like many other musicians, a real sense of joy and belonging from making music with others.

In the context of worship, I like to think that eclecticism is part of my ‘toolkit’. There is something uplifting about appealing to different tastes in both music genre and churchmanship. Over the years I have been delighted by many performers and composers – not to mention the works they have embraced and written – and felt the hand of God in many a hymn and song... ok, and in psalms as well!

Playing in church has become an important part of my Christian journey and, despite occasional ‘constructive’ criticism from members of congregations - less versed in more modern genres that perhaps I’d like them to be - I have continued to feel blessed in my calling. Like the juggler, dancing and playing his lute before the altar in Notre Dame, I am drawn to offer what I have to God – and employing my mediocre talent in music isn’t enough for me... I want to sound better every time I play for Christ and am driven to continually improve – and explore the vast expanse of material available in my quest.

In worship, there is room for words, music & silence – and the permission to use them in praise of the Lord whose gift they are. This is from the end of the resource booklet I mentioned at the beginning – get one from Cursillo Resources – it’s worth a read.

The Music of Cursillo is the music of the Church. This booklet has focused on how to



approach music in the Cursillo community, but it may also be used for providing basic music leadership in the Church as a whole.

Keeping abreast of current available resources and using them with sensitivity is the best way of maintaining freshness in musical worship. We are better able to appreciate and celebrate the older style if we embrace the new with some vigour.

Music in worship is a service, but one that must be performed in such a way that it co-ordinates, supplements and enhances rather than subsumes.

Most Church musicians offer to God all that they are and the best that they can do, but it is vital that we remember that the glory is His, not ours. We must work to help one another draw closer to Him. That is our joy and our privilege.

“Praise the Lord! Praise God in his Sanctuary; praise him in his mighty firmament... Praise him with trumpet sound; praise him with lute and harp! Praise him with tambourine and dance; praise him with strings and pipe... let everything that breathes praise the Lord!” from Psalm 150, NRSV

In love

PAUL THACKER
EDS & IPS.

Newmarket Town Pastors Monthly Stats Report 2013



In August Town Pastors were on duty Sat/Sun 3rd, 10th, 17th, 24th, 31st, Fri 9th (U18s disco) and Mon 26th (U18s disco). Two of the “Non-Categorised Incidents” were finding a mobile and handbag, both given to the police during the night. The third was helping a lady find her handbag contents, after dropping in the street; with the aid of the torch we carry. An overheard conversation one night from a group in a white van, along the lines of “we can’t do that, there’s yellow coats about”. Did our presence prevent a crime? Information given to police on the night.

- | | | |
|----|--|-----------|
| 1. | Personal Safety/Wellbeing
<u>Example:</u> Escort people to Taxi/Bus etc Reunite individuals with Friends/Family | 14 |
| 2. | Medical Assistance/Welfare
<u>Example:</u> Providing medical or welfare assistance to any person (includes issuing blankets, calling an Ambulance and escorting people to the SOS bus) | 5 |
| 3. | Providing Water/Refreshment
<u>Example:</u> Providing water or chocolate to any person | 37 |
| 4. | Calming Situation Down
<u>Example:</u> Using Communication Skills to defuse or prevent an incident/situation escalating and requiring Police intervention. | 4 |
| 5. | Preventing/Reducing Crime
<u>Example:</u> Alerting Police to intervene at an incident/situation where ‘Calming Situation Down’ was not appropriate or safe for Town Pastors to do so. | 3 |
| 6. | Alert TownLink Users
<u>Example:</u> Alert TownLink Radio Users to situation/incident (includes making CCTV aware of incidents/situations/persons of note etc) | 1 |
| 7. | Dealing With Juveniles
Example: Dealing with a person(s) who is/or appears to be 16 or under. | 10 |

- | | | |
|-----|---|------------|
| 8. | Dangerous Items Removed
Example: Removal/Disposal of any item that could cause injury/harm or damage (includes bottles/glasses) | 101 |
| 9. | Pastoral Care Issues
Example: Any issues where a person wants to discuss problems they are encountering in their lives, such as marriage/relationship issues, drink/drug issues, work problems etc | 9 |
| 10. | Alcohol Removed
<u>Example:</u> Safe Removal/Disposal of any Alcohol left in bottles and glasses | 32 |
| 11. | Drugs Removed
<u>Example:</u> Safe Removal/Disposal of Drugs and/or related paraphernalia (includes prescription or over the counter medicines) | |
| 12. | Mental Health Issues
<u>Example:</u> Any issues/incidents where a person has/or is suspected to have, mental health issues, such as, Post Traumatic Stress Disorder (Soldiers), Depression etc. | |
| 13. | Non-Categorised Incidents
<u>Example:</u> Any incident that does not come within the above categories or descriptions, such as; taking a found bicycle to the Police Station. Finding a Lost Dog! | 3 |

Statistics may 'duplicate' each other e.g. disposed of bottle/glass counted in 8 and 10 if contents also disposed of.

The latest re-write of the Gifting Booklet (2012) is now available as is a new booklet - **Music in Cursillo (2012)**. Also, If you have a BACC Resource Manual, please check it against the list below to ensure you have the latest copy of the booklet.

BACC RESOURCES PRICE LIST

RESOURCE MANUAL	Unit Price
Complete Resource Manual (comprising all items in this section)	£ 20.00
Contents list	5p
BACC Constitution and Licensing Agreement 2012	50p
BACC Publications and Styles 2003	10p
Apostolic Message and Team Formation 2005	£ 1.00
Authentic Three Day Weekend 2008	£ 1.00
Cursillo Workshops inc. Clergy Taster Days 2004	£ 1.00
Day of Deeper Understanding 2004	£ 1.00
Fourth Day First 2005	£ 1.00
Gifting Cursillo – BACC Guidelines 2012	£ 1.00
Group Reunion 2006	£ 1.00
Health and Well-being of the Movement 2004	£ 1.00
Pastoral Plan 2001	£ 1.00
Role of the Clergy in the Cursillo Movement 2006	£ 1.00
Secretariat 2005	£ 1.00
Self-Study Checklist for Secretariats 2005	10p
Servant Community 2005	£ 1.00
Spiritual Direction 2001	£ 1.00
Sponsorship 2000	£ 1.00
Strategy for Restarting/Renewing Cursillo Movements in Dioceses 2003	£ 1.00
Table Leaders Guide 2003	£ 1.00
Music in Cursillo 2012	£ 1.00
Utreya 2006	£ 1.00
What is Cursillo? 2001	£ 1.00
BACC – What is it? 2002	10p
OTHER BACC PUBLICATIONS	
Three Fold Leaflet	20p each
A5 Colour Poster	5 for £ 1.00
Group Reunion Card	100 for £4.50
Rule of Life Card	50 for £2.50 or 6p each 100 for £3.50
Utreya Floating Group Reunion Card	50 for £2.00 or 5p each 10p
Talk outline for Group Reunion talk	25p
Suggestions on Developing and Using a Rule of Life	10p
NEC PUBLICATIONS	
Lay Talk Workbook 2004	£ 3.95
Clergy Talk Workbook 2006	£ 3.95
Spiritual Direction (for Clergy only)	£ 2.75
OTHER RESOURCES	
Cursillo Lapel Badge	£ 1.00 each

Resources Officer: Anne Cullen, Tel: 01366 386818;

resources@anglicancursillo.co.uk; website: www.anglicancursillo.co.uk

BACC PEOPLE

The following will help you enormously when contacting the right members of Standing Committee, should you have queries or information to share.

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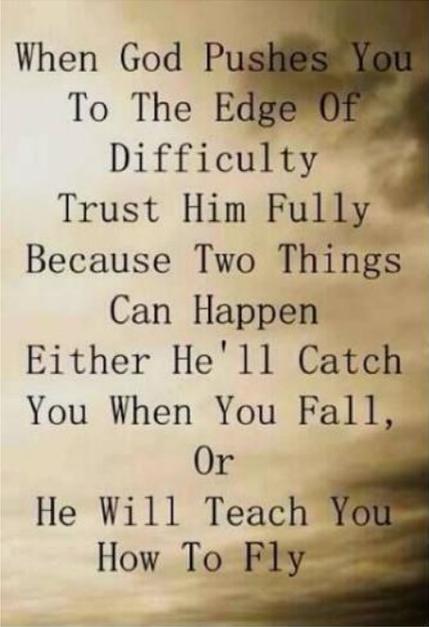
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When God Pushes You
To The Edge Of
Difficulty
Trust Him Fully
Because Two Things
Can Happen
Either He'll Catch
You When You Fall,
Or
He Will Teach You
How To Fly

Only God can turn
a **MESS** into a
message, a **TEST** into a
testimony, a **TRIAL** into
a **triumph**, a **VICTIM**
into a **victory**.

Anglican Cursillo is...
a movement of the Church
providing a method
by which Christians are empowered
to grow through prayer, study and action
and enabled to share God's love with everyone